

Wellington School

Week 2 Sep 21

BREAKFAST

MONDAY

Cereal Selection
Yoghurt & Fresh Fruit
Overnight Oats with
Raspberries
Porridge & Toppers

Pain au Chocolate
Pain au Raisin
Boiled Eggs

TUESDAY

Cereal Selection
Yoghurt & Fresh Fruit
Porridge with Toppers

bacon
Scrambled Egg
Tomato, Avocado & Spinach
with scrambled egg
baps

WEDNESDAY

Cereal Selection
Yoghurt & Fresh Fruit
Porridge with Toppers

Belgium waffles
Maple-soaked bananas
Forest fruits

THURSDAY

Cereal Selection
Yoghurt & Fresh Fruit
Porridge with Toppers

Croissants
Cold Meat & Selection
Baked beans
Boiled Eggs

FRIDAY

Cereal Selection
Yoghurt & Fresh Fruit
Porridge with Toppers

Smoked salmon & cream
cheese bagel
Poached Eggs
Beans
Sautéed Mushrooms on
Sourdough
Baps

SATURDAY

Cereal Selection
Yoghurt & Fresh Fruit

Porridge with Toppers

Full English

SUNDAY

BRUNCH

LUNCH

Cream of Mushroom Soup
Tarragon Oil
Croutons

Classic Lasagne with
Garlic Bread

Tray Baked Chicken & Chorizo

Jerk Cauliflower Taco with
Picked Red Cabbage Slaw

Buttered Corn
Steamed Green Beans
Roasted New Potatoes

Spice Plum Crumble
Crispy Cake
Trifle Pots

Tomato, Basil & Orzo Soup
Black Olive Tapenade
Parmesan

Pork Steak with Baby Onions,
Peas & Pancetta

Seafood tagliatelle with saffron
& tomato

Smoky Quorn & Bean
Cassoulet

Sautéed Savoy Cabbage
Herb crumbed cauliflower
Steamed Midi Potatoes

Chocolate Sponge
Fruit & Seed Flapjack
Fruit Pots

Sweet Potato & Miso Soup
Crispy Kale
Sweet Potato Crisps

Beef Massa man Curry

Classic Hunters' Chicken

Chickpea & Squash Balti with
Indian Accompaniments

Turmeric Rice
Broccoli
Baby corn
Potato Wedges

Warm Lemon & Poppy Seed
Shortbread
Raspberry & White Chocolate
Mousse

Broccoli & Blue Cheese Soup
Blue Cheese Croutons

Old English Pork
Sausage, with Glazed Apple &
Onion Gravy

Creamy lemon chicken
Risotto

Miso tofu with rice vermicelli
noodle

Mashed Potatoes
Honey Roasted Carrots
Peas

Sticky Ginger Cake
Mini Puff Chocolate Rolls
Jelly Pots

Seafood Chowder
Parsley Croutons

Battered Cod, Tartare Sauce &
Lemon

Prawn, chicken & Chorizo
Paella

Aubergine, Feta & Olive Filo
Parcel

Chips
Garden Peas
Ratatouille

Coconut & Raspberry Roly
poly Brownie

Lemon Mousse with Biscuit
Crumb Top

Minted Pea Soup
Crispy Salted Peas
Croutons

Baguette Deli Bar
Warm Baguette
Chicken & Bacon
Smoked Salmon & Prawn

Falafel & Red Pepper Nut Free
Pesto

Salad Bar

Spiced Apple Strudel
Rocky Road

Blueberry Cheesecake Pots

SUPPER

Lamb Kofte Kebabs

Flatbread
Tzatziki

Chunky Tomato Salsa
Halloumi & Red Pepper
Kebabs

Sweet Potato Fries
Salad Selection

Chocolate Torte

Cottage Pie

Vegetable Cobbler

Sautéed Potatoes
Carrot & Swede Mash

Banoffee Pie

Chicken Milanese
with Spaghetti &
Tomato Ragù

Pasta Caponata with Nut Free
Pesto & Herb Crumb

Mange Tout
Sugar Snap Peas
Garlic & Herb Focaccia

Panna Cotta

Tempura Fish Goujons
Southern Fried Quorn

Soft Taco or Bloomer
Ketchup

Cheesy Baked Jacket Halves
Baked Beans

Chocolate Orange Bread
& Butter Pudding

Sweet & sour chicken
With prawn crackers & dips

Sweet & sour vegetable stir fry

Noodles
Wok fried greens

Muffin Selection

Pizza Night

Classic Pepperoni
BBQ Chicken
Margherita

Dusted Fries
Slaw
Mixed Green Salad

Doughnut Bar

Thyme & lemon roasted
chicken

Butternut squash risotto with
toasted seed & herb oil

Roast potatoes
Cauliflower cheese
Greens

Hot dessert of the day

